

Margit Lindqvist

Managing partner. Employment-based immigration: PERM, H-1B, L-1, O-1 and employer-sponsored green cards

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Biography

Margit Lindqvist is the firm's managing partner. She represents employers that hire people from abroad, from the first H-1B or L-1 petition through PERM labor certification and the green card.

Her clients include universities, hospitals, engineering firms and young technology companies in New York. She also prepares O-1 and EB-1 petitions for researchers and artists, and handles appeals to the Board of Alien Labor Certification Appeals.

She joined Carrow Lindqvist in 2004, became a partner in 2011 and managing partner in 2022. Before law school she worked in the New York office of a Swedish shipping company, where she first saw the visa process from the employer's side.

She meets clients in person at the firm's office, by phone or by video.

Bar admissions

New York, 2003

U.S. District Court for the Southern District of New York

U.S. District Court for the Eastern District of New York

U.S. Court of Appeals for the Second Circuit

Education

Fordham University School of Law, J.D., 2002 (Fordham International Law Journal, staff member)

Barnard College, Columbia University, B.A. in Economics, 1997

Writing

"The PERM file: what to keep and for how long" (Carrow Lindqvist employer guide, 2026 edition)

"Hiring from abroad: a first-year checklist for HR teams" (Carrow Lindqvist employer guide, 2025)

Speaking

"Recruitment records that hold up in a PERM audit" (Employer seminar at the firm, March 2026)

"Hiring researchers from abroad: H-1B, O-1 and the green card" (University human resources roundtable, November 2025)

"Moving employees between the U.S. and the Nordic countries" (Client briefing for Nordic employers, May 2025)

Professional associations

American Immigration Lawyers Association, New York Chapter (Member)

New York State Bar Association

American Bar Association

Carrow Lindqvist LLP, 41 Lindell Place, 9th floor, New York, NY 10007. (212) 555-0142. Attorney advertising. Prior results do not guarantee a similar outcome.

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